

Elementary November/ December 2022



<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
28 Chicken Nuggets (6) Tater Tots Roasted Kale Apple Sauce Cup 100% Fruit Juice Hormone Free Milk	29 Penne Pasta Bar Choice of Marinara, Meat Sauce or Butter Toasted Garlic Bread Roasted Root Vegetables Kiwi Slices 100% Fruit Juice Hormone Free Milk	30 Fiesta Beef Nachos Sweet Plantains Pinto Beans and Rice Baked Scoop Chips Salsa/Cheddar Cheese Sour Cream Pineapple Chunks	1 Brunch for Lunch French Toast Sausage Links Hash Brown Potato Fresh Banana 100% Fruit Juice Hormone Free Milk	2 Pizza Day Baby Carrot Package Sliced Packaged Apples 100% Fruit Juice Hormone Free Milk (Ice Cream Day) Piazza Pizza at Midland
5 Chicken Patty With or Without Cheese Roasted Broccoli and Cauliflower Fresh Pear 100% Fruit Juice Hormone Free Milk	6 Spaghetti and Meatballs Sautéed Spinach Warm Garlic Bread Apple Sauce Cup 100% Fruit Juice Hormone Free Milk	7 Cheese Quesadilla Seasoned Black Beans with Brown Rice Pico de Gallo Sour Cream/Guacamole Fresh Banana 100% Fruit Juice Hormone Free Milk	8 Brunch for Lunch Waffle or Pancake Turkey Bacon Hash Brown Potato Sliced Oranges 100% Fruit Juice Hormone Free Milk	9 Pizza Day Baby Carrot Package Sliced Packaged Apples 100% Fruit Juice Hormone Free Milk (Ice Cream Day) Piazza Pizza at Osborn
12 Angus Beef Burger on Roll Sweet Potato Rounds Creamy Slaw Grape Cup 100% Fruit Juice Hormone Free Milk	13 Macaroni and Cheese or Pasta with butter Steamed Peas Chilled Peach Cup 100% Fruit Juice Hormone Free Milk	14 Double Soft Shell Taco Black Bean and Corn Salad with Cilantro Sour Cream/Salsa Lettuce/Cheddar Red Delicious Apple 100% Fruit Juice Hormone Free Milk	15 Brunch for Lunch French Toast Scrambled Eggs Hash Brown Potato Fresh Banana 100% Fruit Juice Hormone Free Milk	16 Pizza Day Baby Carrot Package Sliced Packaged Apples 100% Fruit Juice Hormone Free Milk (Ice Cream Day) Piazza Pizza at Milton
19 Chicken Tenders Oven Baked French Fries Sautéed Green Beans Fresh Fruit Basket 100% Fruit Juice Hormone Free Milk	20 Bowtie Pasta with Broccoli and Diced Chicken Toasted Garlic Bread Cantaloupe Slice 100% Fruit Juice Hormone Free Milk	21 Grilled Cheese Chicken Noodle Soup Cherry Tomato Cup Fresh Pear 100% Fruit Juice Hormone Free Milk	22 Brunch for Lunch Waffle or Pancake Sausage Patty Hash Brown Potato Chilled Peach Cup 100% Fruit Juice Hormone Free Milk	23 Pizza Day Baby Carrot Package Sliced Packaged Apples 100% Fruit Juice Hormone Free Milk (Ice Cream Day) Piazza Pizza at Midland



SCHOOL LUNCH PRICES
LUNCH: \$4.00
Gluten Free
Rolls, Cereal, Pizza and Pasta
available upon request
MEAL OF THE DAY INCLUDES:
 Vegetable, Fresh Whole Fruit or 100%
 Fruit Juice, Hormone/Antibiotic Free
 Skim, Low Fat Choc and 1% Milk
 Fresh Fruit Basket offered Daily

Pre-Made Sandwiches offered daily
with Boar's Head Meats
 (Turkey, Ham, Bologna, Salami
 Buffalo Chicken, American Cheese)
 Sun Butter and Jelly Sandwich

Pre Made Salads Available:
 Chicken Caesar Salad/Caesar Salad
 Garden Salad/Greek
À la Carte Prices
 Mini Poland Spring Water \$1.00
 Dasani Water \$1.25
 Poland Spring \$1.00
 Baked Snack Varieties \$1.25
 Fresh Fruit Purchase \$1.00
 Small Fruit Salad \$2.50
 Baked Cookie \$1.00 (Wednesdays)
 Baked Whole Grain Pretzel
 (Thursdays)
 Ice Cream \$1.25-\$3.00 (Fridays)
 We now are offering Chloe's Frozen
 Fruit on Friday's at all Schools

DUE TO SUPPLE CHAIN SHORTAGES MENU IS SUBJECT TO CHANGE WITHOUT NOTICE

We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.