

Guide to Medical Clearance for School Attendance

Dear RCSD Families,

The following is a quick guide to medical clearance for school attendance written in accordance with Westchester County Department of Health (WCDOH) guidelines. Please keep in mind that the COVID-19 situation is fluid. Guidelines change quickly, and this document may become obsolete at any time. Please check the [Health Services page](#) on the RCSD website for the most current information.

- 1) The Centers for Disease Prevention (CDC) keeps an up-to-date list of [symptoms of Coronavirus Disease](#) on its website. If your child is experiencing any of these symptoms, he or she must be medically cleared to attend school in person. If you have a question about any of these symptoms, please call your school nurse.
- 2) Please see the [NYSDOH COVID-19 In-Person Decision Making Flowchart for Student Attendance](#) as a reference to help determine when to keep your child home from school.
- 3) As per Westchester County Department of Health guidelines, the RCSD does NOT accept ANY rapid COVID-19 tests.
- 4) Children awaiting COVID-19 PCR test results cannot physically return to school until the school nurse has received the appropriate documentation.
- 5) Please note that if your child has not had a COVID PCR test and has exhibited any of the symptoms of COVID-19, your health care provider must indicate in the return note that your child is “free from communicable illness and clear to return to school,” and sign the document.
- 6) Getting COVID-19 PCR tested in Connecticut can delay contact tracing as this information is slow in getting to the New York State DOH.
- 7) The [District’s clearance](#) form is linked here.
- 8) In the event that your child must quarantine or isolate, you should obtain clearance from the Westchester Department of Health and provide it to the school nurse before your child physically returns to school.
 - To request clearance, use this link:
<https://covidreleaserequest.westchestergov.com/covidReleaseRequest/>
 - OR you may call the Department of Health at 914-813-5110 or 914-813-5094
 - OR you may receive a call from the Department of Health notifying you that your child is clear to return; they will send you a text or a letter to that effect

If you have any questions, please don’t hesitate to reach out to me directly at barnett.tracey@ryeschools.org, or 914-967-6100, ext. 1931.

Sincerely,
Tracey Barnett
RCSD Director of Health Services